

(AICTE Approved | ISO 9001-2015 Certified)

Report for

Value Added Course

MOTIVATIONAL TRAINING

For the Academic Year

2017-2018

# KRUPANIDHI GROUP OF INSTITUTIONS

12/1, Chikka Bellandur, Carmelaram Post Varthur Hobli, Off Sarjapur Rd, Bengaluru, Karnataka 560035

Krupanidhi Group of Institutions 12/1 Chikkabellandur Village, Carmelaram Road Post Varthur Hobli Bangalore - 560 035



# KRUPANIDHI GROUP OF INSTITUTIONS

(Dept. of Management Studies)



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Motivational Los

12 Ninahila

conducted from 2017 - 18

for attending the Value Added Program on

by the Resource Mentor

Best wishes for your future endeavours!



**principal**Krupanidhi Group of Institutions
12/1 Chikkabellandur Village,

Direc

Carmelaram Road Post Varthur Hobli





# KRUPANIDHI GROUP OF INSTITUTIONS

12/1, Chikka Bellandur Carmelaram Post Bangalore-560 035

08.09.2017

# **CIRCULAR**

This is to inform all the student has planned to conduct Motivational Training value added Course for third semester students. This course is compulsory for all students. This course is scheduled from 11/09/2017 to 30.012.2017 30 hours duration. Exam will be conducted at the end of the course. All students should attend the classes without fail.

PRINCIPAL

Krupanidhi Group of Institutions 12/1 Chikkabellandur Village, Carmelaram Road Post Varthur Hobli

Bangalore - 560 035





# KRUPANIDHI GROUP OF INSTITUTIONS

## CERTIFICATE / VALUE-ADDED COURSE REPORT

Date: 03.12.2017

1. Name of the Program

: Motivational Training

2. Program Start Date

: 11.09.2017

3. Program End Date

: 30.11.2017

4. Total Duration of the Program

: 30 hrs

5. No. of Students Enrolled

: 80

6. Course Co-Ordinator of the Program

: Ms. Nivedita Jha

7. No. of Unit Exams Conducted

: 2

8. Date of the Final Examination

: 02.12.2017

9. Maximum Marks for Final Exam

: 50

10. Eligibility for Certificate

: 50%

11 Total number of Students Eligible for Certificate: 80



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# KRUPANIDHI GROUP OF INSTITUTIONS Motivational Training

Total Number of hours: 30

### Designing Your Team for Excellence

3 HOURS

As a team leader, you must determine how best to compose and structure your team. You will need to determine the optimal team size, diversity of team members, values, and goals for the team -- all of which will have a big impact on team dynamics and performance. In this module, you will learn strategies and tactics to design your team effectively.

### Structuring Your Team for Excellence

4 HOURS

In the first module of the course, we discussed your role as a team leader in designing your team's size, composition, diversity of personalities and values, and goals. In addition, you must determine how best to structure your team, specifically how you will structure decision making, rewards, and roles. You must also ensure the team has a clear set of norms that guide its behavior. In this module, you will learn strategies and tactics to structure your team effectively.

### **Managing Team Dynamics**

4 HOURS

It is common to see teams working on identical tasks and having similar access to organizational resources and talent produce systematically different performance outcomes. This occurs because we mismanage team processes, or how teammates work on the task and interact with one another during teamwork. In this module, you will learn how to recognize most typically process hurdles in teamwork and how to overcome them, thus creating high-performing teams.

### Creating Sustainable Team Performance and Learning

3 HOURS

This module is focused on creating sustainable levels of high-performance in teams. In this module you will therefore learn how to evaluate team performance and how to ensure this high performance is sustainable in your teams. Relatedly, we will discuss how to ensure team learning and effective flow of new ideas in your teams.

### **Building Your Base of Power**

4 HOURS

To lead effectively, you must have power. Your power can be formally defined, for example your position or job title. Your power can be informal, for example your expertise or charisma give you power that enable you to influence others. In this module, we will explore the meaning of power and where it comes from, helping you identify your bases of power and opportunities to increase you power over time.

Influencing People Without Relying on Formal

Authority

4 HOURS

Krupanidhi Group of Institutions 12/1 Chikkabellandur Village In this module, you will acquire a rich arsenal of influence tactics that will help you change people's viewpoints and behaviors. These influence tactics will enable you to influence up in organizations (e.g., when you have to influence your boss) and laterally, such as when you have to influence your peers. More generally, these tactics will allow you to execute effectively in those situations when you either do not have or cannot rely on formal rank and formal power.

# Developing High-Quality Relationships to Enhance Influence and Power 4 HOURS

In addition to acquiring a tactical portfolio of influence tools that can be applied in group and individual meetings, effective leaders devote a lot of time to building and maintaining social relationships with various stakeholders. In this module, you will learn how build and maintain social relationships in order to maximize your informal power and influence in organizations.

### Protect Yourself from Unwanted Influence

4 HOURS

As a leader, people will try to influence you to make a particular decision or take a particular course of action. It is essential you are able to protect yourself from the unwanted influence of others, especially when those others might be attempting to manipulate you in ways that are not in the best interest of your team or organization. In this module, you will learn specific strategies and tactics that you can use to protect yourself and your team from the unwanted influence of others.

Principal

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